

MANGUARD PLUS Minor B Football Championship Final

NEWTOWN GAELS



OLIVER PLUNKETT'S

13.11.2021 – 2pm – Venue: St. Conleth's Park

FUTURE TICKETING Minor B Hurling Championship Final

MOOREFIELD



SALLINS

12pm



GAA

**WHERE WE
ALL BELONG**



**Cill Dara
KILDARE GAA**

TODAY'S REFEREES

MANGUARD PLUS MINOR B FOOTBALL CHAMPIONSHIP FINAL REFEREE

Ryan Moran

- Club: Monasterevin
- Occupation Joiner
- Started refereeing 3 years ago
- Was added to the Leinster Referee Development Panel this year.
- Umpires: Eoghan Fitzpatrick, Fergal Barry, Stephen Foley & Conor Daly

Linesmen: Owen Murphy (Stand by Ref) & Paraic McGivern
Sideline: Frank Delaney



FUTURE TICKETING MINOR B HURLING CHAMPIONSHIP FINAL REFEREE

Alan Lagrue

- Club: Éire Óg Corra Choill
- Supervisor at Race
- Has refereed Intermediate & Minor County Finals along with a Leinster Minor Hurling Final.
- Married to Gabrielle and one son Alan.
- Umpires: D.Dowling, A.Lagrue, J.Holland & C. Stout

Linesmen: Thomas Smith (Stand by Ref) & Eamon Kelly
Sideline: Owen Murphy



CHAIRMAN'S ADDRESS



Ba mhaith liom fáilte a chur romhaibh go léir go dtí Claonadh inniu agus tá súil agam go mbainfidh sibh sár-thaitneamh as an dá chluiche.

On behalf of Kildare GAA I want to welcome you all to St. Conleth's Park for the 2021 Manguard Plus Minor B Football & Future Ticket Minor B Hurling Championship Finals.

I want to extend a warm welcome to Newtown Gaels, Oliver Plunkett's, Sallins & Moorefield teams along with their officials on their visit today and I expect that we will all be treated to two very enjoyable, exciting and competitive games.

Today's match referees are Ryan Moran & Alan Lagure and I wish them the best of luck officiating today's fixtures. The County Referee's Committee are currently recruiting new referees and all clubs are asked to try recruit. Without referees we will not be in a position to fulfill fixtures.

To ensure the running of our organisation and our games is of the highest standard it requires a lot of work behind the scenes. On that note I want to thank my fellow officers, our stewards, and all who continue to volunteer their services to Kildare



GAA. Thanks also to our grounds men for having our pitch in excellent condition for today's game. I also want to express my thanks to Club Kildare who continue to raise funds for Kildare GAA.

Today's competition sponsors are Manguard Plus & Future Ticketing - it is greatly appreciated. I also wish to thank our main sponsor Brady Family and all our other sponsors for their continued support, we are extremely grateful, and we wish you continued success.

Finally, I want to thank all our steadfast supporters and I hope you all enjoy today's game.

Yours in sport

Mick Gorman
Cathaoirleach

ALL NEW
**RENAULT
ARKANA**
hybrid by nature



€259 from
/month on the road

model shown is an arkana r.s line tce 140 edc mild hybrid, rrp €35,140. finance example arkana iconic tce 140 edc, otr €31,090 includes delivery. deposit: €10,809, term 36 monthly payments of €289, apr 4.90%, total cost of credit €2,467 inc fee of €75, optional final payment €19,350, offer is made under a hire purchase agreement, subject to lending criteria, terms and conditions apply. see renault.ie **warning: you will not own these goods until the final payment is made!**. Renault bank is a trading name of rai banque branch Ireland and is authorised and regulated by the French banking authority and supervised by the central bank for conduct of business purposes.

Joe mallon motors naas, sallins road, naas, co. kildare tel (045) 897 675 www.joemallonmotors.ie
Joe mallon motors portlaoise, abbeyleix road, portlaoise, co. laois tel 057 8665800 www.joemallonmotors.ie

UPMC

LIFE CHANGING MEDICINE

High Quality, Expert Care.

UPMC Kildare Hospital - Clane

UPMC Aut Even Hospital - Kilkenny

UPMC Whitfield Hospital - Waterford

UPMC Hillman Cancer Centre - Waterford, Cork

UPMC Sports Medicine Clinic - Waterford

UPMC Outreach Centre - Carlow

www.upmc.ie



future ticketing 

*Proud to Partner with
Kildare GAA and wishing
all the best to today's finalists*

**Your
end to end
solution for**

»» Sport

»» Visitor Attractions

»» Shows & Events

»» Venues



100% Irish

www.futureticketing.ie

Unit 19 H, Axis Business Park, Clara Rd, Tullamore, Co. Offaly, R35 P285

Eco Biotechnics – Supporting Kildare GAA



RETURN TO PLAY

OUR TRAINED TEAMS PROVIDING CLEANING SERVICES ACROSS IRELAND. RAISING STANDARDS, SUPPORTING GAA, SPORTING, HEALTH, COMMERCIAL, CONSTRUCTION BUSINESSES & FACILITIES BY ENSURING INFECTION PREVENTION WITH SERVICE AND PATENTED BIO DECONTAMINATION DEVICE TECHNOLOGY AND MAINTENANCE PRODUCT

ECO BIOTECHNICS

Wash your Hands Frequently



www.ecobiotechnics.ie

InfectionGard

ROOM SANITISING SPRAY
FAST SANITISATION OF CHANGING ROOMS, EXERCISE ROOMS, KITCHEN AREAS & TOILETS
CONTAINS A NON TOXIC BIOCID (LICENCED)
APPLY AS A MAINTENANCE PRODUCT SAFE FOR USE IN AREAS WITH PEOPLE



DermaGard

SANITISER

LASTS 3 TIMES LONGER
CONTAINS NO ALCOHOL
LICENCED SOLUTIONS FOR SPORTS SANITISATION- PITCHSIDE OR HAND DISPENSER
PROTECTING PEOPLE & THE ENVIRONMENT

0469542299

www.ecobiotechnics.ie
info@ecobiotechnics.ie



OLIVER PLUNKETT'S

Minor B Football Pen Pics



Name	Age	Most Memorable Game	Toughest Opponent
Max Barry	17	Minor Semi Final	Moorefield
Sam Fahey	16	U14 Feile Final	Des Horan
Conor O'Brien	18	Minor Semi Final	Tom Dockery
Daire O'Brien	18	Two Mile House vs Eadestown	Carbury
Charlie Litton	18	Cúl Camps 2012	Lionel Messi
Daniel Gallagher	17	Final against Confey	Ferg
Patrick Doyle	18	U16 B Shield Final	Johnny Doyle
Fergal Murphy	18	Minor B Sheild Final	Sean Furlong
Ben Keane	18	Carbury	Moorefield
Des Horan	17	Championship B in under 17s against Kilcullen	Prendergast gaels
Patrick Doyle	18	U16 B Shield Final	Johnny Doyle
Charlie Litton	18	Cul camp Semi Final 2014	My Father
Sam Fahey	16	U14 Feile Final	Des Horan
Billy Corcoran	16	U17 hurling Final	Athy u16
David Grant	17	Junior Cup Semi-Final	Cathal Brophy
Charlie O'Boyle	16	U16s SemiFinal vs Ellistown	Fergal Murphy
Callum Barrett	16	U13's Div 3 Cup Final	Prendegast Gaels
Eoin Clarle	18	Cúl Camps	Conor Keogh
Daniel Conway	18	St.Oliver Plunketts vs Moorefield	Moorefield
Callum Barrett	16	U16 Shield Final	Prendegast Gaels
JJ Mahon	17	Two Mile House v Carbury	Shane Fitzgerald
Sean Gallagher	17	U17 League Final	Milltown
Daniel Clarke	17	U17 League Final	Milltown
Paddy Barrett	17	U13 league Final.	Jamie Duggan - Kilcullen
Seamus Kelleher	16	Feile Final	Sean Gallagher
Liam Crowe	18	D Shield	Michael Jordan
Paddy Barrett	17	U13s League Final	Jamie Duggan Kilcullen
Tom Coleman	17	Half time exhibition game in the 2016 All Ireland Final	Ollie Udell
Kyran Doyle	16	County Semi-Final	Kill
Seamus Kelleher	16	U13 Final	Sean Gallagher
Eoin Clarke	18	Cúl Camps Final	Conor Keogh

Minor Captain Quickfire Questions

OLIVER PLUNKETT'S

What is your name?

Tom Hennebry

What age are you?

17

When did you make your Senior League Debut & against who?

On the 18th of June against Rathangan.

When did you make your Senior Championship Debut & against who?

On the 16th of August against Kilcock.

Can you describe your Pre-Match Day routine from the time you awake to arriving at the venue?

Eat breakfast. Get gear bag ready. Listen to a million questions from my dad. Music in the car and then play the match.

Do you have any pre match rituals?

Nothing special. Listen to music before the match.

Who has been your toughest opponent and why?

Eoin Bagnall (Aylmer Gaels). He scored 2-3 on me in the first five minutes in the 2020 Minor Championship. Thanks to Pa Doyle for giving me a hand for the rest of the game.

Team you most like to beat?

Eadestown

Proudest Day?

Making my Minor football debut for TMH at the age of 15 in the 2019 Minor championship. Thanks to PJ and Chris for the opportunity.

Toughest or most disappointing day in GAA?

Losing to Eadestown in the 2019 Minor Championship semi-final

Who has been the biggest influence on your career?

My dad. (who allegedly was a fine footballer back in his day.... I'm not so sure.)

Who is the joker in the panel?

Fergal Murphy

Who is the best dressed?

David Grant.

Who is the worst dressed?

Daire O'Brien

What player do you admire from another sport and why?

Roy Keane, because of his leadership, determination and his winning mentality.

What manager from another sport do you admire and why?

Shay Corcoran. One of the great TMH hurling coaches.





NEWTOWN GAELS

Minor B Football Pen Pics



Name	Age	Most Memorable Game	Toughest Opponent
Cathal McKennedy	18	U16 B Final v Kilcock	Ben Kirwan
Josh McCarthy	17	Newtown Gaels vs Kilcock (Championship Semi-Final)	Shane Farrell
Aaron Manders	16	U16 B Championship Final	Kilcock
Fergal McKennedy	16	U14 Shield Final vs Maynooth	Ben O'Dea
Rúairí Munnelly	16	Beating Castlemitchel in the Shield Final	Naas
Alex Kehoe	17	U16 Championship Final against Kilcock in St Conleth's Park	Gavin Thompson
Darragh Swords	18	Under 16 Champ Final	Kilcock
Dara Cosgrave	16	U15 League beating Naas by a point to get to Div 1 Semi Final	Ryan Sinkey
Gavin Condrón	18	Championship Final 2019	Alex Lenehan
Jude Harman	16	U15 Div1 Semi Final v Clane	Dylan Free
Dj Percival	16	Beating Naas last year to get u15 Div 1 Semi Final	Don't know
Colm McCormack	17	Leinster Final with school	Cathal McKennedy
Fionan Manders	16	Kilcock	Kilcock
Cian Burke	16	Castlemitchel in the u16 League 2021	Calum Doran
Seán Naughton	17	U17 Championship Final	Kilcock
Conor Kealy	17	U16 Final vs Leixlip	Kilcock
Mark Wallace	16	Naas u16 League game	Celbridge
Rúairí Munnelly	16	Shield Final against Castlemitchell	Dylan Free
Mark Wallace	16	u15 beating Naas to get into Semi Final	Dylan Free
Dara Cosgrave	16	u15 beating Naas to get into Semi Final	Jamie Cullen

Minor Captain Quickfire Questions

NEWTOWN GAELS

What is your name? Ryan Burke

What age are you? 18

When did you make your Senior League Debut & against who? I made my senior league debut against Ellistown this summer

When did you make your Senior Championship Debut & against who? I made my senior Championship debut against Two mile house, also this summer

Can you describe your Pre-Match Day routine from the time you awake to arriving at the venue? The night before, I would prepare my gear bag. I would make sure to eat and drink the right foods. I also like to rest for most of the day. Foam rolling throughout the day also.

Do you have any pre match rituals? I have to spend quite a lot of time in the bathroom on a match day, not by choice. Another ritual I have is I rub Vicks vapour rub all over my chest before a game to open up my airways.

Who has been your toughest opponent and why? Cormac Egan. Gave me a nightmare of a time in Conleth's, with great pace, power and skill.

Team you most like to beat? Kilcock. They are a very good team, and every game is a battle.

Proudest Day? Senior Championship debut against Two Mile House is definitely up there. We won a game that meant lots to many members of the senior squad.

Toughest or most disappointing day in GAA? Losing to Offaly in Conleth's was my most disappointing day in the GAA. I think it's because football had to take a break for the winter and I spent lots of time thinking about the loss.

Who has been the biggest influence on your career? I'm very lucky to be in a very supportive environment in football, Family, Friends, team mates all influence me greatly.

Who is the joker in the panel? Joe Barrett.

Who is the best dressed? We all wear tracksuit bottoms everywhere, so we all look the same. If I was to choose anyone it would be Josh McCarthy or Darragh Swords

Who is the worst dressed? Cathal McKennedy is always dressed head to toe in O'neills. Enough said.

What player do you admire from another sport and why? Ronaldinho was on another level. Played soccer with a smile on his face everytime he played. An icon in sport in my opinion.

What manager from another sport do you admire and why? Pep Guardiola's attention to detail is immaculate, loves to try new things. Manages teams with lots of courage and will change game plans all the time, a very versatile coach



NEWTOWN GAELS



Josh McCarthy
Josh MacCarthaigh



Gavin Condrón
Gaibhin Ó Conaráin



Mark Wallace
Mark de Bhaillís



Conor Sullivan
Concobhar. O Suilleabhain



Aaron Manders
Aaron Manders



Alex Kehoe
Alex MacEochaidh



James Keely
Seamus Ó Caoilliadh



Ryan Burke
Ryan de Búrca



Cathal McKennedy
Cathal Mac Cinnéid



DJ Percival
DJ Percival



Darragh Swords
Dáire Ó Claimhín



Sean Naughton
Sean O Neachtáin



Joe Barrett
Seosamh Bairéad



Colm McCormack
Colm Mac Cormaic



Ronan Doorey
Ronán Ó Doraidh

FIR IONAIÐ

- 16. **Jude Harman** Jude Harman
- 17. **Fionnan Manders** Fionan Manders
- 18. **Aidan Ralph** Aodhán Rádhulbh
- 19. **Conor Keely** Concobhar Ó Caoilaidhe
- 20. **Cian Burke** Cian de Búrca
- 21. **Fergal McKennedy** Fergal Mac Cinnéide
- 22. **Ruairi Munnelly** Ruairi Ó Mainghaile
- 23. **Dara Cosgrave** Dáire MacCosgair

- 24. **Cian Byrne** Cian Ó Broin
- 25. **Kevin Hannon** Caoimhín O'hAnnain
- 26. **Fionn Ennis** Fionn O'hAonghais
- 27. **Adam Ewing** Adam MacEoghain

Team Officials: Denis McKennedy, Tommy Swords
& Shane Keely

OLIVER PLUNKETT'S



Billy Corcoran
Billy Ó Corcráin



Daniel Conway
Daniél Coinmheadh



Des Horan
Des Ó hOráin



Daire O'Brien
Daire O'Brien



David Grant
Daithí Grant



Patrick Doyle
Padraig Dúill



Seamus Kelleher
Seamus O'Ceilechair



Charlie Litton
Cathal Litton



Max Barry
Max de Barra



Paddy Barrett
Padraig de Baróid



Sean Broderick
Sean Broderick



Tom Henneby
Tomás Henneby



Eoin Clarke
Eoghan Cleirigh



Tom Coleman
Tomás Ó Colmáin



Callum Barrett
Callum de Baróid

FIR IONAIÐ

- 17. **Liam Crowe** Liam MacConchra
- 18. **Fergal Murphy** Fearghal Ó Murchú
- 19. **Ben Keane** Beircheart Ó Catháin
- 20. **Kyan Doyle** Ciarán Ó Dúghaill
- 21. **Daniel Clarke** Dónall Ó Cléirigh
- 22. **Sam Fahey** Somhairle Fathaigh
- 23. **Charlie O'Boyle** Cathal O'Boyle
- 24. **Sean Gallagher** Seán Gallchobhair

- 25. **Daniel Gallagher** Dónall Ó Gallchobhair
- 26. **JJ Mahon** JJ Ó Macháin
- 27. **Conor O'Brien** Conchubhar O'Brien
- 28. **Adam Galbraith** Adam Mac Galbraith

Bainisteoir: Conor Keogh
Team Officials: Glenn Lee & Joe Coleman

MOOREFIELD



Sean Maher

Sean Meaghair



Connor Price

Connor Pris



Aaron Shelly

Aron O Siollaigh



Jake Smith

Jake Mac Gabhann



Cormac O'Shaughnessy

Cormac O Seachnasaigh



Harry O Donnell

Harry O Domhnaill



Sean Barry

Sean de Barra



Cian Casey

Cian O Cathasaigh



Graham Cregoe

Graham Cregoe



Eoghan Corrigan

Eoghan O Corragain



Conn Kehoe

Conn Mac Eochaidh



Shane Delmer

Shane Delmer



Adam Kavanagh

Adam Caomhanach



Joe Dunne



Alex Bell

Alex Mac Giolla Mhaoil

FIR IONAIÐ

- 17. **Cathal Thompson** Cathal Mac Tomais
- 18. **David Hamilton** Daithi O Hamilton
- 19. **Tadhg O Connor** Tadhg O Conchuir
- 20. **Josh Brannigan** Josh Branagain
- 21. **Liam Hayes** Liam O hAodha
- 22. **Alex Anderson** Alex Anderson
- 23. **Jack Dowling** Sean O Dualaing

- 24. **Mel Dolan** Mel O Dulain
- 25. **Darragh O Toole** Dara O Tuathail
- 26. **Eanna Sherlock** Eanna Sherlock

Bainisteoir: Paddy Maher

Team Officials: Liz Delmer, Matt O Shea, Christy Reilly & Eoin Stakelum

SALLINS



Ferdia O' Domhnaill

Ferdia Ó' Domhnaill



Harry Grainger

Anraí Ó'Gráinséir



Shane Quinn

Sean Cuinn



Ryan Locke

Rian Locke



Daniel Glennon

Dónal Mac Leannáin



Stephen Moran

Stepháin O Mhorin



Dara Carpenter

Dara Mac an tSaoir



Harry Young

Anraoí O h'Ogáin



Jack Couch

Sean O Tolg



Simon Hughes

Simon O h'Aodh



Ciaran Mangan

Ciarán Ó' Mongáin



Cian Grimes

Cian Grimes



David Cronin

Dáithí O Croinín



Ciaran O Gorman

Ciarán O'Gormáin



Conor Egan

Conor MacAogáin

FIR IONAIÐ

- 17. **Jack Heading** Jack Heading
- 18. **Luke Killian** Lúcas Ó Cillín
- 19. **Jack Kelly** Jack Ó Ceallach
- 20. **Darragh McDonnell** Daire Mac Domhnaill
- 21. **Colm Dalton** Colm O Dalltuin
- 22. **Rian O Gorman** Rian O'Gormáin
- 23. **Dylan Solan** Dylan Mac Solaimh

Bainisteoir: Tom Cronin

Team Officials: Mario Hughes, Alan Moran, Graham Locke & Martin Egan

Kildare GAA Referee Recruitment

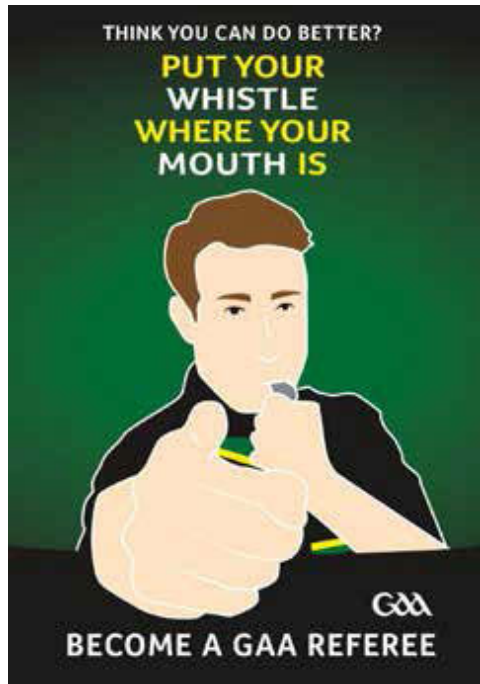
Are you interested in becoming a Kildare GAA referee?

Do you fancy running out at St. Conleth's Park or even Croke Park?

Kildare GAA are currently recruiting new referees.

Why Become a GAA Referee?

- Stay involved with the game as an alternative to playing.
- Fitness – It's a great way to keep fit.
- Ambition– could you referee a County Final or even an All-Ireland?
- Learn more about the game.
- Give Something Back – offers players, at the end of their playing days, the opportunity to continue in the sport.
- Personal Development– helps to develop personal skills that are of value in all walks of life.



What qualities are required to become a GAA Referee?

- Good knowledge of the playing rules.
- Be physically and mentally fit.
- Have the ability to remain calm.
- Have the moral courage to take decisions which are correct.

If you are interested in becoming a referee contact:
kildaregaareferes@gmail.com or phone 087 6750166

Strong Roots not just branches



Croí Laighean
CREDIT UNION

1800 23 24 25
welcome@clcu.ie
www.clcu.ie

MOOREFIELD

Minor B Hurling Pen Pics



Name	Age	Most Memorable Game	Toughest Opponent
Tadhg O'Connor	16	U16 Moorefield vs Sallins	Sallins
Mel Dolan	18	Semi Final of Minor last year	Con Kehoe
Graham Cregoe	17	Schools match in Croke park	Sallins
Adam Kavanagh	17	Playing against Dublin with Kildare	James McGrath
Jake Smith	18	U14 League Final vs Naas	Sallins
Conn Kehoe	18	Minor League Final 2019	Stephan Moran
Harry O'Donnell	17	National Féile Championships 2017	Naas
David Hamilton	16	U16's Final 2021	Number 10 in Sallins
Alex Bell	15	U16 Final 2021	Liam Ryan
Connor Price	15	U16 Final vs Two Mile House (2021)	Fethard GAA
Shane Delmer	17	Against Fethard in the feile	Oisín Maher
Aaron Shelley	18	Celtic Challenge Final	Cathal McCabe
Josh brannigan	16	U16 Final against two mile house	Sallins
Cathal Thompson	17	League Final vs Sallins	Don't know
Sean Barry	18	County Final	Nass
Darragh O'Toole	18	Féile Final	Charlie Sheridan
Jack Dowling	18	Féile na nGael Shield Final vs Rathangan	Muiris Curtin
Joe Dunne	15	U/16 League Final	Alex Bell
Tadhg O'Connor	16	Kildare u16vs Offaly	Ciaran Mangan
Eoghan Corrigan	18	Round 3 League v St Columba	N/A

Minor Captain Quickfire Questions

MOOREFIELD



What is your name? Cian Casey

What age are you? 18

When did you make your Senior League Debut & against who?

Kilcock 2021

When did you make your Senior Championship Debut & against who?

Maynooth 2021

Can you describe your Pre-Match Day routine from the time you awake to arriving at the venue?

It all depends on the time of the match, make sure I eat right and get plenty of water in me is the main thing.

Do you have any pre match rituals?

Not really, listen to some music to get in the zone.

Who has been your toughest opponent and why?

Not sure about that

Team you most like to beat?

Sallins

Proudest Day?

Day I found out I was captain, it's been an honour to represent this bunch of lads

Toughest or most disappointing day in GAA?

Losing the senior semi final against maynooth, after getting ourselves back into the game, to lose by 3. Heartbreaking

Who has been the biggest influence on your career?

There's been a good few who have had an influence

Who is the joker in the panel? Aaron Shelley

Who is the best dressed?

Shelley likes to have himself looking well

Who is the worst dressed?

Probably stick

What player do you admire from another sport and why?

Tiger woods, the adversity and trauma he's had to go through and still come back fighting. It's just a true show of character.

What manager from another sport do you admire and why? Phil Jackson, just his philosophy and the way he managed the

teams was amazing



SALLINS

Minor B Hurling Pen Pics



Name	Age	Most Memorable Game	Toughest Opponent
Jack Couch	18	U16 County Final against Moorefield	Simon Hughes
Daniel Glennon	16	Kildare Co Final	Naas
Conor Egan	17	2020 Minor Final	TJ Reid
Cian Grimez	18	U12 Final vs Western Gaels	Harry Younge
Shane Quinn	18	National Feile Final	Cuala
Dara Carpenter	18	Minor B Hurling Championship 2020- beating Leixlip by 2 points in the Semi Final	Naas
Simon Hughes	18	Feile All Ireland Final	Jack couch
David Cronin	18	2 National Feile Finals	Naas
Ryan Locke	17	Minor Hurling League Final this year	Commercials
Stepgen moran	18	2015 Feile Final	Naas
Ciarán Mangan	16	Minor B Hurling Championship 2020- beating Leixlip by 2 points in the Semi Final	Naas
David Cronin	18	2 National Feile Finals	Kilmacud Crokes
Rian O’Gorman	18	2015 Feile Final	Naas
Harry Younge	18	Feile Final vs Clane	Lochlann Quinn
Stephen moran	18	2015 Feile Final	Jack Mulvihill
Ciarán O’Gorman	18	U16 Championship Final Div 2 (Moorefield)	Naas
Harry Grainger	18	Away to Moorefield	Moorefield
Luke Killian	18	Sallins vs Moorefield League Final	Myself

Minor Captain Quickfire Questions

SALLINS



What is your name?

Jack Couch

What age are you?

18

When did you make your Senior League Debut & against who?

2021 against Sarsfields

When did you make your Senior Championship Debut & against who?

2021 against Clane

Can you describe your Pre-Match Day routine from the time you awake to arriving at the venue?

Get up nice and early have weetabix for breakfast, do some stretching and relax as much as possible. Drink plenty of water and pack my gearbag.

Do you have any pre match rituals?

Always wear the same shorts and socks.

Who has been your toughest opponent and why?

Naas - the most skillfull and well drilled team I've played against.

Team you most like to beat?

Naas

Proudest Day?

Winning u16 championship

Toughest or most disappointing day in GAA?

Losing two National Féile finals

Who has been the biggest influence on your career?

My parents

Who is the joker in the panel?

Rian O'Gorman

Who is the best dressed?

Simon Hughes

Who is the worst dressed?

Harry Grainger

What player do you admire from another sport and why?

Ronaldo his work ethic is second to none.

What manager from another sport do you admire and why?

Pep Guardiola - his love and passion for the game, he's always striving to become a better manager.



PROUD TO BE
OFFICIAL HYDRATION PARTNERS OF
KILDARE GAA



Cill Dara
KILDARE GAA

TIDY TOWNS



KEEP THE LILY WHITE COUNTY CLEAN
JOIN YOUR LOCAL TIDY TOWNS TEAM

Contact KCC on 045-980588 for Further Details



Managed Print Solutions

Ireland's Top Suppliers of Printers,
Copiers and Document Solutions

SALES@EMSCOPIERS.IE



**EMS MAKE COLOUR
COST EFFECTIVE
LoCALL 1890 770 770**



JOE FOX PLANT & TOOL HIRE

INDUSTRIAL ESTATE, NEWBRIDGE, CO. KILDARE

Tel: 045-435555 • **Fax/Tel:** (045) 436588

Mobile: (087) 252 5040

Tom Cross TRANSPORT



086-2568827

*Sponsor of the Kildare Junior
Football Championship*

C'MON KILDARE!



Proud sponsor of Kildare GAA, LGFA and Camogie