



Bits & Bytes from the Lillywhites

Welcome to the November Edition of the Kildare GAA Newsletter to keep all Clubs and GAA Fans alike updated with the current happenings within the County.

The Newsletter will be issued on a Quarterly basis to all club secretaries in the county and will be published on the official Kildare GAA Website

www.kildaregaa.ie

Check out our Facebook & Instagram accounts for team news, competitions & much more!!!



WELCOME TO OUR NOVEMBER EDITION





November 2017 /

Kildare GAA

Nuachtlitir

Samhain 2017

COMPETITION RESULTS

*Congratulations to Anthony Moran
on winning the competition of
Naming our Newsletter in our June
Issue.*

*Inside the November edition is a
complete round up of the Junior,
Intermediate and Senior Football &
Hurling Championship which took
place in October!!*



2018 FIXTURES

**BE THERE ALL THE WAY WITH KILDARE GAA IN
THE ALLIANZ LEAGUE CAMPAIGNS**

FOOTBALL FIXTURES

Kildare opening their Division One campaign with a trip to Croke Park to take on the All Ireland Champions, Dublin.

Round 1, Jan 27th 2018 – Dublin v Kildare (A)

Round 2, Feb 4th 2018 – Kildare v Monaghan (H)

Round 3, Feb 11th 2018 – Kildare v Tyrone (H)

Round 4, Feb 25th 2018 – Donegal v Kildare (A)

Round 5, Mar 4th 2018 – Kildare v Mayo (H)

Round 6, Mar 17th 2018 – Kerry v Kildare (A)

Round 7, Mar 25th 2018 – Kildare v Galway (H)



HURLING FIXTURES

Kildare will open their campaign with a home match against old rivals Meath. They will finish off with a trip to London.

Round 1, Jan 28th 2018 – Kildare v Meath (H)

Round 2, Feb 4th 2018 – Kildare v Kerry (H)

Round 3, Feb 18th 2018 – Westmeath v Kildare (A)

Round 4, Feb 25th 2018 – Carlow v Kildare (A)

Round 5, Mar 4th 2018 – London v Kildare (A)



FOOTBALL NEWS

Kevin Feely and Daniel Flynn rewarded with All Star Nominations 2017

By Lorcan O Rourke

For their performances in 2017, the PwC nominations of Kevin Feely and Daniel Flynn were as well deserved as they were welcome. This was very good news for Kildare and a fine tribute to the whole team and panel who brought new hope and ambition to a proud footballing county which has been starved of major silverware for far too long.

Anyone who was fortunate enough to witness Feely's high fielding, his expert free-taking with either foot and his immaculate passing during the year will recall his skills with relish throughout bleak winter months.

Kevin welcomes the GAA decision to introduce the 'mark' which, he says, "speeds up the game providing an outlet for teams that want to build a platform higher up the pitch from their kick-outs. The evidence is there that it's been creating more of a spectacle in games and fewer short kick-outs, enabling teams to build an attacking platform in the middle third of the pitch which is brilliant."

And he has certainly made his mark since he returned from professional soccer to take up the cause of Kildare football.

Flynn's exceptional strength, power and pace carved up several defences during the season. Many of his outstanding scores were textbook examples, straight from the training ground but others were prime examples of excellent intuitive, on-the-spot decisions.

Daniel gave us a very special moment to remember during the Leinster final when he gathered the leather, evaded a couple of Dublin players, raised the ball over an opponent's head and shot an amazing 50-metre point from the Hogan Stand sideline – as the late Jimmy Magee would have said, '*different class*'.

No wonder the Johnstownbridge man who returned from a life-changing experience in Port Adelaide AFL club was named Player of the Week after the semi-final against Meath when he scored 1-4, and Footballer of the Month for June.

Congratulations to both players on their contribution to the fortunes of Kildare football and we look forward to better days ahead. Their performances in 2017 in regaining Division One status and their run through Leinster lit a flame that will certainly burn brightly in 2018 and beyond. That elusive silverware may not be too far away!



FOOTBALL NEWS

PLAYER OF THE YEAR NOMINATIONS

County Senior Footballer of the year

1. Kevin Feely, Athy
2. Eoin Doyle, Naas
3. Daniel Flynn, Johnstownbridge

Club Senior Footballer of the Year

1. Eanna O'Connor, Moorefield
2. Mark Dempsey , Moorefield
3. Kevin Flynn , Celbridge

Club Intermediate Footballer of the Year

1. David Malone , Raheens
2. Jack Robinson, Clogherinkoe
3. Paddy Woodgate, Raheens

Club Junior Footballer of the Year

1. Jake Corrigan, Caragh
2. Eoin Kavanagh, Ballymore Eustace
3. Michael Stewart Byrne, Ballymore Eustace



^{4.}***HURLING NEWS***

PLAYER OF THE YEAR NOMINATIONS

County Senior Hurler of the year

1. Chris Bonus, Clane
2. Paul Divilly, Confey
3. David Reidy Dromin Athlacca

Club Senior Hurler of the Year

1. Martin Fitzgerald, Ardclough
2. Paudie Ryan, Ardclough
3. Richard Ryan, Naas

Club Intermediate Hurler of the Year

1. Michael Gillick, Maynooth
2. Eoin Roche, Celbridge
3. Kevin Whelan, Naas

Club Junior Hurler of the Year

1. Dean Hanley, Broadford
2. Declan O Toole, Éire Óg Corrachoill
3. Dave Ryan, Broadford



FOOTBALL NEWS

AIB LEINSTER CLUB SENIOR CHAMPIONSHIP QUARTER FINAL

Moorefield 1-09 Portlaoise 0-11

Moorefield secured their place in the semi-finals of the Leinster Club Senior Championship last Sunday (12th November) after a famous victory over a fancied Portlaoise team.

These both sides have met each other twice in previous years with Portlaoise running out victors on both occasions. In 2010, Portlaoise won 2-11 to 0-14 while in 2013 they won 1-09 to 0-08 but it was third time lucky for Moorefield on Sunday when they finally got their victory over the Laois champions after a hard fought battle. In a highly entertaining game, the teams were level six times throughout the first half with both teams kicking some excellent scores from play. Portlaoise finished strongly in the first half kicking the last three points to leave half time score of 0-09 to 0-07 in favour of the Laois champions.

Cian O'Connor reduced the deficit to a point in the 34th minute but Portlaoise replied with the next two points to put them three points clear. The crucial score of the game came in the 55th minute when the lively Èanna O'Connor scored a much needed goal to level the game. The last five minutes saw both teams battle hard to secure the winning score, a heroic block from team captain James Murray in the 63rd minute prevented Colm Boyle from scoring the winning point for the home team and when Niall Hurley Lynch won possession in the 64th minute he made no mistake and kicked a fine individual point to secure the win for the Kildare Champions.

Moorefield not play the Wicklow Champions Rathnew in the semi-final on Sunday the 26th August in Aughrim at 2pm.

Leinster Club Intermediate Football Championship Quarter Final

Kilanerin 0-10 Raheens 0-08

Leinster Club Junior Championship Quarter Final

Ballymore Eustace 0-13 Erin Rovers 1-16



CLUB FOCUS

CASTLEMITCHELL IN HEALTHY CLUB RECOGNITION

Castlemitchell GAA club amongst the first official GAA Healthy Clubs to receive national recognition

- **The award winning Healthy Clubs Project (HCP) aims to turn clubs into hubs for health in their communities**
- **With almost the same number of GAA clubs as GPs across Ireland, the project offers a new setting in which to deliver health promotion and interventions**
- **Leading GAA ambassador Seán Cavanagh strongly commends the club for their leadership**

On Saturday 4 th November, a special ceremony with governmental representation in Croke Park today saw 58 GAA clubs recognized as the first official ‘Healthy Clubs’ on the island of Ireland. Twenty Leinster clubs, including Castlemitchell GAA in Kildare, can now proudly fly a flag above their grounds (endorsed by both Healthy Ireland and the Public Health Agency in NI), letting their members and communities know that they value health and wellbeing as much as leagues and championships.

Castlemitchell is the first club in Kildare to receive national recognition. Their various health and wellbeing initiatives have had a tremendous impact on the club and the wider Castlemitchell community. Their six week ‘Operation Transformation’ was a great success and brought together people from the entire community by making their fantastic club facilities available.

The programme was aimed at the whole community and involved weekly circuit training in the indoor astro park. Twenty eight people participated and collectively lost 14 stone. During the programme, a number of guest speakers supported participants by focusing on topics such as diet, road safety, exercise, mental health and wellbeing. Weekly circuit training, family fun days, anti- bullying campaigns, healthy eating promotions, mental health awareness sessions and a walking group are among the other activities established as part of the HCP in Castlemitchell GAA.

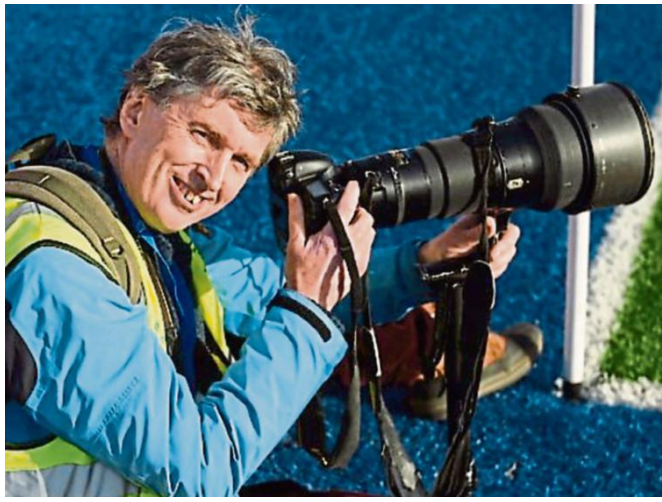
Former Tyrone football captain Seán Cavanagh is a big supporter of the GAA’s Healthy Club Project (HCP) and presented the clubs with their official flag and plaque in Croke Park on Saturday, November 4 th . He said “I’ve seen myself how the GAA brings communities together in so many different ways so it’s fantastic to see the association taking a leadership role in developing healthier communities. The Healthy Clubs around the country are having a positive impact on so many children and young people and as a parent I think it is fantastic. Through this project, I think people will start to appreciate the role of the GAA in our communities even more.”



CLUB FOCUS

MEMBERS OF THE CASTLEMITCHELL CLUB PAVING THE WAY IN KILDARE IN THE HEALTHY CLUBS PROJECT





Adrian Melia – RIP By Lorcán O'Rourke

In his very distinctive multi-coloured woollen scarf, a heavy anorak and carrying his long-lens weighty camera, you could see and recognize Adrian Melia at any sports event you like to mention: in Kildare GAA circles, he was very well known - from Maynooth in the north to Castlemitchell on the Laois border, from Eadestown on the Wicklow border to Carbury in the north west of the county, and in every club and venue in between.

Whether it was a relegation playoff or a county final in St Conleth's, Adrian was a supreme professional and enjoyed his craft to the fullest extent. You would recognize him at any venue throughout GAA country - his tousled hair blowing in a summer breeze in Croke Park, or kneeling in O'Connor Park, Tullamore on a cold November at a Leinster Club Championship match shielding his lens from driving rain, or in Hawkfield on a frosty night - the weather mattered little to him and he prepared accordingly.

His exquisite images of so many GAA events will be treasured by clubs and players fortunate to have some of his quality photographs. Adrian was always most obliging, helpful and gracious. He bore his long illness with courage and dignity and was hopeful to the end of his life. We will miss him greatly as we attend games in the coming months and years but he will be remembered through his work as a most affable and genial gentleman and consummate photographer.

“It is said that a picture paints a thousand words; therefore, isn't it ironic that with Adrian's chosen art form of photography, where his life revolved around creating beautiful and heartfelt memories for others, that not even 1000 words could do justice to the warm, caring, funny, talented and enigmatic man that he was. As a friend, Adrian touched the heart of everyone he encountered and always left us feeling all the better for those few special minutes of conversation and laughter. As a Sports Photographer, he captured many special moments on so many big days for all of us Kildare people, whether it was a local Community Games or school's match, a great County Final occasion or even some of our county's great international athletes on the track, in the boxing ring, on the water and at race meetings. On behalf of the Kildare Senior Football Team, we will never forget you Adrian for always supporting us, camera or no camera ... in good times and bad”- Cian O'Neill, Kildare Senior Football Manager.

"A true gentleman he had the terrific art of telling the story through photographs as he captured so many memories of every sporting occasion in Kildare and beyond. Whether it was St Conleth's Park, Hawkfield, the clubs in the county and all the sporting venues throughout the country Adrian was sure to be there regardless of what game was taking place. He was a real professional in his chosen field and no doubt we will all have the fondest of memories of him and he will be sadly missed. On behalf of all in Kildare GAA I want to extend our deepest sympathies to his family & friends. May he rest in peace.-Ger Donnelly, Kildare GAA Chairman



ROLL OF HONOUR 2017 TO DATE

2017 Roll of Honour	Winners	Runners up
Aldridge Cup	Carbury	St Laurences
Keogh Cup	Monasterevan	Raheens
Dowling Cup	Ballymore	Rheban
Senior A Cup	Sarsfields	St Laurences
Senior Hurling League 1	Naas	Coill Dubh
Senior Hurling League 2	Naas	Ardclough
Senior Hurling League 3	Maynooth	Broadford
Senior Football League 1	Moorefield	Naas
Senior Football League 2	St Kevins	Round Towers
Senior Football League 3	TMH	Rathangan
Senior Football League 4	Roberstown	Kilcullen
Senior Football League 4 Shield	Castlemitchell	Grangenolvan
Reserve League 1	Sarsfields	Moorefield
Reserve League 2	Round Towers	Clane
Reserve League 3	Eadestown	Rathcoffey
Reserve League 4	Sarsfields	Naas
Senior Hurling Championship	Ardclough	Naas
Intermediate Hurling C/Ship	Naas	Celbridge
Junior Hurling Championship	Eire Og	Broadford
Senior Football Championship	Moorefield	Celbridge
Intermediate Football C/ship	Raheens	Kilcock
Junior Football Championship	Ballymore	Caragh

2017 Roll of honour	(Cont).....	
	Winners	Runners up
Minor Football League 1	Naas	Carbury
Minor Football League 2	Eadestown	Ballymore
Minor Football League 3	Sallins	Athy
Minor Football League 4	Castledermot	Fr Prendergast
Minor Hurling League 1	Naas	Celbridge
Minor Hurling League 2	Naomh Dara	Broadford
Minor A Summer League Cup	Carbury	Moorefield
Minor A Summer Lge Shield	Clane	Eadestown
Minor B Summer League Cup	Balyna	Two Mile House
Minor B Summer Lge Shield	Kilcullen	Round Towers
Minor C Summer League Cup	Naas	Newtown Gaels
Minor C Summer Lge Shield	Moorefield	Suncroft
Minor D Summer League Cup	Castlemitchell	St Kevins
Minor A Football C/ship	Clane	Sarsfields
Minor B Football C/ship	Two Mile House	Balyna
Minor C Football C/ship	Raheens	St Laurences
Minor D Football C/ship	Milltown	Killard
Minor A Hurling C/ship	Eire Og	Naas
Minor B Hurling C/ship	Broadford	Naomh Dara
Reserve A Football C/ship	Sarsfields	Moorefield
Reserve B Football C/ship	Maynooth	Round Towers
Reserve C Football C/ship	Eadestown	Moorefield
Reserve D Football C/ship	Celbridge	Castledermot
Reserve E Football C/ship	Ballyteague	Kill
Under 21 A Hurling C/ship	Naas	Eire Og
Under 21 B Hurling C/ship	Coill Dubh	Celbridge
Jack Higgins	Ballymore	Sarsfields

HURLING ROUND UP



Ardclough Captain, Paudie Ryan proudly lifts the Tony Carew Cup (Pic Courtesy of Seán Brilly)

It has been a busy few weeks in the Haven Hire Hurling Championships, with 5 finals taking place over 2 weekends.

In the Minor B Final, Broadford avenged their League Final defeat against Naomh Dara and were comfortable winners by 4-10 to 1-11.



HURLING NEWS

ROUND UP

On Sunday October 1st there was a triple header of finals. First up, Naas overcame Celbridge in the Intermediate final on a scoreline of 1-19 to 1-09. In the Minor A final, Éire Óg Corrachoill put a stop to the 5-in-a-row for Naas and defeated them by 1-09 to 0-09.

The Senior Final was contested by Ardclough and Naas. Naas came in to the final as red hot favourites having won the Senior League final and gone through their championship campaign undefeated. Ardclough however, were not coming to Newbridge to make up the numbers. They showed tremendous experience and hurling ability in the final and were worthy winners of the Tony Carew Cup. Final score Ardclough 1-15, Naas 1-12.

They then went on to represent Kildare in the Leinster Intermediate Club Championship where they were beaten by St. Patrick's Ballyraggett of Kilkenny

The Haven Hire Under 21 Championship Finals took place on Saturday the 11th of November. In the B Final, Coill Dubh beat Celbridge by 4-09 to 10 points. In the A Final, Naas beat Éire Óg Corrachoill by 2-17 to 1-05..

A huge thank you to Haven Hire who have come on board to sponsor all of our Adult Hurling competitions this year!

Shinty Internationals

Congratulations to the 6 Kildare players who represented Ireland in the recent Shinty Internationals in Scotland. Chris Bonus, Mark Moloney, David Reidy and Dinny Stapleton were selected for the Senior panel, while Eoin O'Hehir and Jack Sheridan were selected for the Under 21 panel.

These games were played in Bught Park in Inverness on Saturday, October 21st. The under 21s won their match by 19 points to 15, while the seniors were defeated by 2-12 to 0-15.

PwC ALL STARS AWARD 2017

(Christy Ring Champions 15 winner Paul Divilly picture with Kildare GAA Chairperson Ger Donnelly left, and on the right with All Star Nominee Kevin Feely)



SENIOR FOOTBALL PANEL NEWS

EMMET BOLTON RETIRES

Kildare Senior Football manager Cian O'Neill has added the following played to his pre-season panel:

- Aaron O'Neill, Carbury
- Eoin Powderly, Kilcock
- Mikey Kelly, Round Towers
- Daniel Courtney, Kilcock
- Alan McDermott, Naas
- Kevin Flynn, Celbridge
- Luke Flynn, Johnstownbridge
- Eoghan Lawless, Suncroft
- Brian McLoughlin, Clane
- Mark Sherry, Two Mile House

The following players have departed from the panel:

- Emmet Bolton, Eadestown
- Conor Hartley, Sarsfields
- Shane McNamara, Celbridge
- Shea Ryan, Sarsfields
- Con Kavanagh, Sarsfields
- Darren Maguire, Maynooth
- Ollie Lyons, Celbridge

Best wishes to Emmet Bolton who after 10 years has announced his retirement from intercounty football.

Emmet made his debut for the Kildare Senior team in 2007, he was named on the 2010 GPA Team of the Year, nominated for an All Star in 2011 and represented Ireland in the International Series in 2011.

He won a National Football League Division 2 title in 2012.

Over the last 10 years he has served his county proud.

A leader on and off the field he has put in huge commitment and dedication to the team.

CIAN O NEILL STATEMENT:

“On behalf of the Management, Backroom and Players of the Kildare Senior Football Team, I would like to congratulate Emmet on an outstanding career representing his county with honour and distinction, both on and off the field. He has truly been an outstanding servant to the jersey and those he represents, both from his club and county and we all, as Kildare people and fans, are indebted to him for his dedication, sacrifice and efforts in making Kildare a competitive force over the course of his career. With over 100 competitive appearances (109 in total) and 9-43 to his name, many of which were critical scores in crucial games, Emmet was one of the new breed of attacking half backs that struck fear into opposing half forwards with his attacking style of play as well as marshalling his defensive duties with fearless and fearsome dedication. His consistent high standards on the field of battle led to him being named in the 2010 Opel GPA Team of the Year while in 2011 he was nominated for an All-Star Award and was part of the Ireland team that won the International Rules Series against Australia. Throughout his 11-year career, he has been a model professional in terms of his preparation, leadership and performance on the field and consistently drove standards in the high-performance environment that is inter-county football.

All of us who had the honour of soldiering alongside Emmet in various capacities, and the younger generations who have joined the squad in recent years, are all the richer for that experience.

I wish Emmet and Leanne all the very best for the next chapter in their lives together and no doubt we'll see him back on the field in years to come in a coaching capacity preparing the next generation for success in the Kildare Jersey. Go n-éirí on bóthar leat a chara.”



HURLING NEWS

Kildare U16 Hurling



Kildare U16 Hurling All Ireland Hurling B Championship

Sponsored by HAVEN HIRE

.Kildare U16 hurling squad took part in the Adrian Murray All Ireland B hurling competition on Saturday 26th August in Killucan and Raharney Gaa, Co Westmeath.

Coming second in a group of 4 containing Down,Sligo, and Tyrone sent Kildare into the Shield Final where they defeated Donegal on a scoreline of 4-10 to 1-7.

A Special thanks to mentors Ken Lawlor, Mark Carroll and Joe Doolin.





HURLING NEWS

U 7 Hurling Blitz



Photos from the U7 Hurling Blitz which took place in Hawkfield on 29th October 2017



U 7 Hurling Blitz

We had an amazing morning of hurling for our U7 hurling stars in Hawkfield C.O.E (Sunday the 29th October). Every club was invited to enter teams and we had a huge response with 38 hurling teams playing a series of games over the course of the morning. Many clubs having the opportunity to play against some teams for the very first time. 400 hurlers took to the fields and just dazzled us with their silky skills and enthusiasm. As a county we are very proud of all the great work being done by these coaches and players! A big thank you to one and all who made the day possible. The future is looking very bright indeed!





CUL CAMPS



Facts & Figures 2017



Amount of Camps: 51	Amount of weeks: 7	Amount of combined camps: 15	Amount of football camps: 27
Amount of hurling/ camogie camps: 9	Amount of Cúl Camp Participants: 7037	Amount of Boys: 4313	Amount of Girls: 2724
Largest participation numbers in a week: 1156	Smallest participation numbers in a week: 794	Amount of clubs that hosted two camps: 5	Amount of coaches employed: 102

- Kildare Cúl Camps are the third largest in the country.
- Tommy Moolick was our Cúl Camp Football Ambassador.
- Paul Divilly and John Doran were our Hurling Ambassadors.
- Our largest camp was 395 participants, which was the largest camp in the country.
- There were 26 camps that had over 100 participants.
- There were 8 Camps that had over 200 participants.
- There were 2 Camps that had over 300 participants.



Cúl Camp Facts & Figures 2017



- Our Head-Coach Deirbhle Mulvihill represented Kildare in the Rose of Tralee this year.
- 64 coaches were the largest amount employed in a week.
- John Doran our hurling ambassador played both minor football and hurling for Kildare.
- 13 senior inter-county football and hurling players worked on the camps.
- Legendary commentator Michéal O'Hehir's grandson Eoin worked on the camps.
- The Cúl Camp coaches represented 27 clubs.
- 4 lady footballers that won an All-Ireland in 2016 worked on the camps.
- Paul Divilly our Hurling ambassador is an international Shinty player.
- Our Cúl Camp coach Maria Bergin sang Amhrán na bhFainn before the 2015 Ladies All-Ireland final.
- Amount of Camps: 51
- Amount of weeks: 7
- Amount of Combined camps: 15
- Amount of football camps: 27
- Amount of hurling/camogie camps: 9
- Amount of Cúl Camp Participants 2017: 7037
- Amount of Boys: 4313
- Amount of Girls: 2724
- Largest participation numbers in a week: 1156
- Smallest participation numbers in a week: 794
- Amount of clubs that hosted two camps: 5



FR. MANNING CUP

The Kildare U16 Football Squad has reached the final of the Fr Manning Cup Competition for 2017. The Fr Manning Cup is run by Longford Gaa in conjunction with Leinster Gaa and has been an important platform for the development of teams over the past number of years. Kildare had group games against Westmeath away and Louth and Sligo at home. Having won all three games Kildare set up semi final against Wicklow which was played last Saturday 11th Nov in Tinahely Gaa. In a fascinating contest Kildare came out on top after extra-time on a scoreline of 1-20 to 1-15. Both teams sought to play an exciting brand of football and should be complimented on their efforts in tough conditions.

Roscommon await Kildare in the Fr Manning Cup final this Saturday having accounted for Meath in other semi final. We would appreciate all support and would like to take this opportunity to thank the parents and clubs in Kildare who have supported us throughout this competition.



FR MANNING CUP FINAL : KILDARE v ROSCOMMON ON SATURDAY 18th NOVEMBER AT 3.00PM IN PEARSE PARK LONGFORD



Lily Óg Jersey Launch

On Saturday 4th November last Kildare Gaa in conjunction with our sponsors, Bord Na Mona, were delighted to launch the newly designed Lily Óg jersey in Hawkfield Centre Of Excellence. All eight schools of U12 players in both hurling and football were present to compete in a blitz on the day and receive their jersey. Kildare Senior County Football stars Paddy Brophy, Eoin Doyle, Keith Cribben as well as Hurling stars Paddy McKenna and John Doran were present to meet some of the future stars and lend their support to this initiative. Thanks to both North & South Boards as well as parents and mentors for support on the day. We also would like to thank Pat Fitzgerald, John Reilly and all at Bord Na Mona for their valued support in this important venture.





CHILD WELFARE

Dermot Earley Youth Leadership Initiative



Dermot Earley Youth Leadership Launched in Kildare GAA

Following on from its successful roll-out in 2015-16, the GAA, Foróige, and NUIG were delighted to launch the Dermot Earley Youth Leadership Initiative in Celbridge GAA club on Wednesday 27th September.

The programme was officially launched by Anne-Marie Earley, daughter of the late Dermot Earley Senior. The launch was attended by young people who will be participating in the programme and their parents as well as representatives from Kildare GAA.

Fully supported by the family of the late Dermot Earley Senior, since 2014 the programme has grown its reach from 3 counties to 11 counties (Kildare, Dublin, Offaly, Roscommon, Galway, Tipperary, Cork, Donegal, Monaghan, Antrim and Mayo) giving over 400 young people from 200 clubs the opportunity to enhance their leadership skills and aid them to reach their full potential

The initiative is a yearlong programme running over 3 modules from September 2017 to June 2018. It involves 30 hours of workshops designed to develop the leadership skills that Dermot epitomised on and off the field. Key skills include decision making, communication, leadership, team building, critical thinking and presentation skills. In module 3 participants put their enhanced skills into action through a club or community based action project.

Those who complete all 3 modules will have the opportunity to graduate from NUIG with a Foundation Certificate in Youth Leadership and Community Action. The workshops are facilitated by a troupe of excellently trained tutors who have already received a Diploma in Training and Education for their efforts and commitment.

For more information on the Dermot Earley Youth Leadership initiative please visit www.gaa.ie/community



U14 SQUADS

Spotlight

Our Co U14 Hurlers played in their National blitzes on Saturday 26th August. The A squad travelled to Waterford where they drew with Wexford in their first game and beat Limerick in their second game. Unfortunately this was to be their last game as they lost out on score difference and failed to reach the Semi Finals.

At the same time our B squad travelled to Monaghan. They had convincing wins over both Monaghan & Tyrone in the group stages and then Longford in the semi final. In the final they went down narrowly to Louth.

Our Co U14 Footballers also had their Leinster Blitz day on Sat 12th Aug. This was held in the Wicklow Centre of Excellence in Ballinakill. Here we had 3 squads in total playing against squads from Dublin, Meath, Laois, Westmeath and Wicklow. We also had 2 squads travel to Abbottstown on Saturday 2nd September where both teams played and beat Armagh.

Both our U14 Football and Hurling squads continue to train on Monday nights in Hawkfield.

COACHES CORNER

WHAT DO CHILDREN WANT FROM A COACHING SESSION

 @BELIEVEPHQ



TO BE INSPIRED



VARIETY



A PASSIONATE COACH



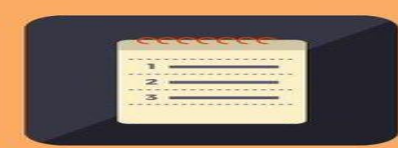
GROUP ACTIVITIES



A CREATIVE COACH



FREE PLAY TIME



WELL PLANNED COACHING SESSIONS



ENCOURAGING COACH



CHALLENGING SESSIONS



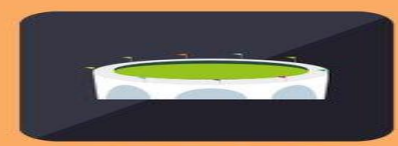
TO HAVE FUN



MEMORABLE SESSIONS



TO DEVELOP SKILLS



A SAFE ENVIRONMENT



TO LEARN LIFE LESSONS



A MIXTURE OF ACTIVITIES



TO BE ENGAGED



FEEDBACK FROM THE COACH



OPPORTUNITY TO MAKE THEIR OWN DECISIONS



THEY WANT TO FEEL WELCOME



TO BE MOTIVATED

CHEF'S CORNER

FOLLOWING ON FROM THE LAST EDITION OF THE NEWSLETTER, SOME HEALTHY LUNCH OR DINNER OPTIONS!

Turkey / chicken breast fillets

Oriental style stir fried turkey breast strips with wholegrain noodles - 2 portions



Ingredients:

8oz of turkey / chicken breast strips (cut turkey into strips), 1 clove of crushed garlic (1/2 teaspoon of garlic puree/ granules)

1 chopped chilli (¼ teaspoon of chilli powder), 1 teaspoon Chinese spice or thai 7 spice

1 sliced onion, 2 dessert spoons of dark soy sauce

1 bag of oriental wholegrain noodles (straight to wok - Aldi),

Optional vegetables: Sliced mushrooms, peppers, courgettes, broccoli(broken into small florets),, chilli thinly sliced carrots

Directions:

Heat a small amount of olive oil in a wok, add turkey strips and cook until coloured on all sides, add garlic, chilli, onions and optional vegetables and cook for 5 minutes tossing occasionally, add soy sauce and 1 minute later add noodles, heat noodles through for about 2 minutes and serve.

CHEF'S CORNER

For the Carnivores among us
The best treat of the all.....
Succulent steak tossed salad and sweet potato wedges



You can use any tender steak you like:

6 oz fillet - really should be cooked no more than medium 4 minute each side

8 - 10 oz rib eye / striploin - slightly less tender than fillet, rib eye has a good degree of fat but both are delicious

8 - 10 oz rump (also known as sirloin) slightly tougher again but full of flavour.

When cooking steaks season both sides with salt and pepper, heat a pan with a small amount of oil (coconut very good but will flavour the steak slightly), cook your steak the way you like it but don't keep turning it.

Rare 2 mins each side

M/Rare 3 mins each side

Medium 4 mins each side

Well done - I'm not going to say - sacrilege

Always allow your steak to rest for 5 - 10 minutes before eating it will be much nicer!!

Tossed salad:

Combine all your favourite salads in a bowl, add olive oil and balsamic and sprinkle over parmesan shavings if you like it.

Sweet potatoes wedges: Cut potatoes into wedges, coat in Cajun spices or chilli powder, season with salt, mix in tablespoon of melted coconut oil and coat potatoes, Bake in moderately hot oven for 10 mins

BE PART OF THE MATCH DAY ACTION

Kildare GAA are now recruiting for Voluntary Stewards

To be part of the match day action, the following criteria is required:

- Aged from 18 years old
- Available at weekends
- Active and enthusiastic
- Customer focused
- An interest in GAA would be beneficial

Role of Voluntary Stewards on event days

To maintain a safe and secure environment in your given area and to be familiar with the stadium ground regulations, ensuring that any breach of these regulations is brought to a safe conclusion.

- Crowd control – sideline duty, terrace and stand vomitories
- Customer care – usher and assist patrons, disability awareness assistance, direct patrons to designated smoking areas and recycling banks
- Emergency procedures – e.g. assisting with stadium evacuation
- Media – assist with photographers and reporters pitch side
- Match day miscellaneous – dressing rooms, players' tunnel duties, etc.



Stewards will be trained and accredited by the GAA National Facilities, Health & Safety Committee. Voluntary Stewards benefits are not paid in monetary terms. However, at every event day they are provided with refreshments and a free match day programme.

For full details and application form contact
kildarestewards@gmail.com

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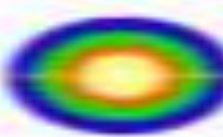
KILDARE GAA PARTNERS

*Your continued support to
Kildare GAA is greatly appreciated.*

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SPONSORS

It is an exciting time for Kildare GAA and we are honoured to be given the chance to link with Gaelic Games in the county through this sponsorship. We take great pride in supporting local people and local sport and in seeing the hard work that people are putting into sport in Kildare being rewarded. Our commitment to supporting local people in Kildare has always been at the heart of our business, just as Kildare GAA and Gaelic Games in Kildare is at the heart of people throughout the county.

Brady Family is steeped with tradition in Kildare having been formed in 1978 and to this day maintains this strong tradition from our base in Timahoe. Through our employment of staff and partnerships with local suppliers, we have become an active part of the local community and the wider Kildare area.

We are aware of the outstanding work that is being put into Kildare GAA by all involved at the moment.

We would like to wish everyone involved the very best for the coming months. We are backing and supporting you all the way and have no doubt that your hard work will be rewarded.

